2020 IFBB PRO LEAGUE/NPC GOVERNORS CUP

FRIDAY MARCH 27th

ALL COMPETITORS CHECK-IN & SEMINAR

ALL NPC ATHLETES ARE RESPONSIBLE TO BE BACKSTAGE AT THE DESIGNATED TIME IN THE DESIGNATED AREA FOR BOTH PRE-JUDGING & FINALS.

THE McCLELLAN CONFERENCE CENTER – 5411 Luce Ave, McClellan Park

4-6pm: Stage Ready Seminar by Sandy Williamson - NPC/IFBB Pro League posing seminar

6-8pm: ALL NPC Check-Ins

6-7pm: IFBB Pro League Bikini and Men's Physique Check-Ins

SATURDAY MARCH 28th

THE McCLELLAN CONFERENCE CENTER – 5411 Luce Ave, McClellan Park

9:00 am Sharp, Prejudging Start

- NPC Fitness
- NPC Men's Physique – masters/true novice/teen/novice/open
- NPC Women's Physique
- NPC Figure - masters/novice/open
- NPC Men's Bodybuilding - masters/true novice/novice/open
- NPC Wellness – masters/true novice/novice/open
- NPC Classic Physique – masters/true novice/novice/open
- NPC Bikini - masters/true novice/teen/novice/ open
- Approx. 1:30 pm - IFBB Pro League Bikini and Men’s Physique

5:00 pm Sharp, Finals Start

- IFBB Pro League Bikini and Men’s Physique
- NPC Fitness
- NPC Men’s Physique – masters/true novice/teen/novice/open
- NPC Women’s Physique
- NPC Figure - masters/novice/open
- NPC Men’s Bodybuilding - masters/true novice/novice/open
- NPC Wellness – masters/true novice/novice/open
- NPC Classic Physique – masters/true novice/novice/open
- NPC Bikini - masters/true novice/teen/novice/ open